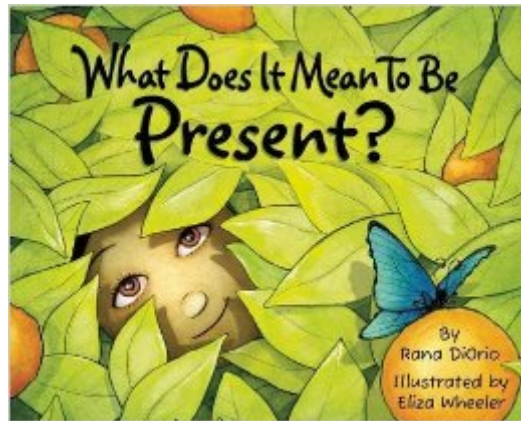


The book was found

# What Does It Mean To Be Present?



## Synopsis

What does being present look like? Noticing when someone in your class needs help and taking the time to help them. Sound like? The rain outside your window. Smell like? Briny seaweed at the beach. Taste like? A bite of orange. Feel like? Allowing the rhythm of your breath, in and out &#133; to make you feel peaceful. Follow a group of friends at school, at home, and at the beach as they experience just what it means to be present.

## Book Information

Lexile Measure: 670L (What's this?)

Series: What Does It Mean To Be...?

Hardcover: 32 pages

Publisher: Little Pickle Press; 6/30/10 edition (July 30, 2010)

Language: English

ISBN-10: 0984080686

ISBN-13: 978-0984080687

Product Dimensions: 9 x 0.3 x 10.4 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (85 customer reviews)

Best Sellers Rank: #4,965 in Books (See Top 100 in Books) #34 inÂ Books > Children's Books >

Growing Up & Facts of Life > Family Life > Values #45 inÂ Books > Health, Fitness & Dieting >

Alternative Medicine > Meditation #156 inÂ Books > Religion & Spirituality > New Age & Spirituality

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

The message might be aimed at children, but I've given this book to adults and for different reasons. Anyone can use the message to focus on what's happening right now, and to get in tune with nature. We're all too hurried and bound by the demands of technology and the modern world. But the book also has an especially important message for people who are ill, or perhaps at the ends of their lives. Enjoy the moment. Be present. That's all any of us really has, right? I've given the book to adults in just this situation, and it resonates deeply with them.

Rana DiOrio's award winning book, "What Does It Mean To Be Present" is truly a gift. The book is beautifully written and illustrated, and its subject matter is timeless, despite the fact that being

"present" at first seems like a sort of "new-agey" concept. As DiOrio's book explains, being present is simply living life to the fullest, being present and aware of all that we do, all the time. This is important in today's world, in which people (big and small, young or old) always seem to be looking ahead to whatever is coming next, rather than savoring the moment they are currently in. As with all the books in this series, the information is presented in a gentle, encouraging way that truly influences children for the better. If you have a gift giving occasion coming up, I highly recommend that you make a present of "Present"!

Great Book! Beautifully illustrated, lovely message. Important life lesson for kids and adults, presented in easy to consume format, i.e. not preachy. I'm happy to support a small publisher that produces such a unique and beautiful book. This book belongs in homes, in libraries and in therapists' offices. Happy, fun and gorgeous.

We all need to be reminded to live each moment to its fullest, and engage yourself in the present. This book has a message for everyone. The beautiful and playful illustrations draw you closer to the theme. Lovely.

Wonderful book for children and even adults, as well. It is important to have such literature with these kinds of concepts available to young people. Took me a long time to find something like it and I am very pleased! Great content!

Wonderful book for young children to understand the value of being present in the moment. Adults will be reminded of the value of sitting still for a moment and feeling gratitude for the intangible gifts we are given every day.

AMAZING! This book is a great reminder about living in the moment. I have been so consumed with work and the future I forgot to focus on the present. This book reminds you to live life! GREAT BOOK! It is a must buy!!!!

Readers of all ages can gain perspective from What Does it Mean to Be Present, especially busy folks who want to teach their little people to appreciate life's little joys. The story is thoughtful and elegant; the characters are relatable and diverse. The illustrations are charming, detailed and beautiful! I highly recommend this book for anyone who can appreciate the value of pausing to take

a deep breath during life's more hectic moments.

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